



Dear Parents,

In our on-going commitment to meet the needs of our campers who require medication while at camp as well comply with strict state regulations regarding medication dispensing for summer camps, we will continue to work with *CampMeds Inc.*, a pre-packaging medication program founded by a former camp nurse. *CampMeds* has been servicing the camping industry for the past 9 years providing the convenient service of dispensing, packaging and shipping medications directly to summer camps.

Our policy and procedure for dispensing and administering medicine requires camp families to have ALL of your child's medicine dispensed by *CampMeds* and sent to camp prior to their arrival.

***CampMeds* will fill:**

- Prescription medication in pill form (daily and "as needed")
- Prescription medication in liquid form (daily and "as needed")
- Prescription nose sprays, eye/ear drops, inhalers and creams/ointments
- Non prescription items (OTC) such as allergy medication (daily and "as needed")

The exceptions are: Over the counter Vitamins, Accutane, growth hormone, insulin, injections, birth control pills and as needed Lactaid. Rescue inhalers can be sent up with your camper but a second one must be filled and sent to camp by *CampMeds* for the health center to keep on hand.

\*Our camp stocks most over the counter items such as Tylenol, Advil, Benadryl, etc. so there is no need to have *CampMeds* dispense typical OTC items. (Please refer to our camp information for a complete list of OTC items we stock)

Medications that are in pill form are individually packaged and sealed according to date and time of administration. Each individual packet may contain one or more pills prescribed to be given at the same time. This method of dispensing medicine during summer camp minimizes potential med errors, ensuring that every camper gets the correct medication and dosage, at the right time, on the right day. It also allows your children to return to their camp activities sooner, because administering meds that are pre-packaged and organized reduces their time spent in line waiting for meds! Our nurses now have more time to devote to your child's other healthcare needs.

Medication at camp is dispensed at mealtimes and bedtime. Only if medically necessary and a specific time are written on the prescription, will the meds be dispensed at a different time of day. You are responsible to check that your child's prescriptions are written exactly how and when the medication is to be given. For example, if the med is to be taken only as needed, the prescription must be written that way. If the med is to be the "brand drug", the prescription must be written with the words "Brand Name Necessary" or the generic will be dispensed

We want to be clear that we do expect 100% participation from families with campers who will need medication while at camp. The only exception to this procedure is if *CampMeds* notifies us that they are unable to accept your insurance. If your camper does not take medication, you do not need to register with *CampMeds*.

If your camper will be taking medication at camp this summer, please visit their website, [www.campmeds.com](http://www.campmeds.com) for additional information and to register your camper.

We are confident that this program continues to help us achieve our primary goal; *the health, well-being and safety of your child.*

[www.campecho.com](http://www.campecho.com)

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